

# **A Flying Saucer Report**

## **Vivid Description Given**

### **AIR FORCE WITNESSES**

**Oakland (U.S.A.), June 21.**

A flying saucer, roaring like thunder at a speed believed to be more than 3,000 miles per hour, was reported early to-day. Three control tower officers said the disc-shaped object dived five times over the Hamilton Air Force base. It approached at altitudes between 2,000 feet and 5,000 feet, shooting forth blue flame.

The men said they followed the disc's course with binoculars. Corporal Roger Fryor stated, "At first I thought it was a falling star, but it did not fall and it kept on going."

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Parsley, often used only as a garnish for food, is an excellent source of needed body vitamins and minerals, a nutrition expert in the United States reports. It should be eaten as a food and not merely used as a decoration for some other and less valuable food-stuff, he says. An analysis of parsley shows it is a fine source of calcium, iron, thiamin (Vitamin B1), riboflavin (Vitamin B2), niacin and Vitamin C, says Dr. Hazel E. Munsell, a research worker at the Massachusetts Institute of Technology.

**of Technology.**